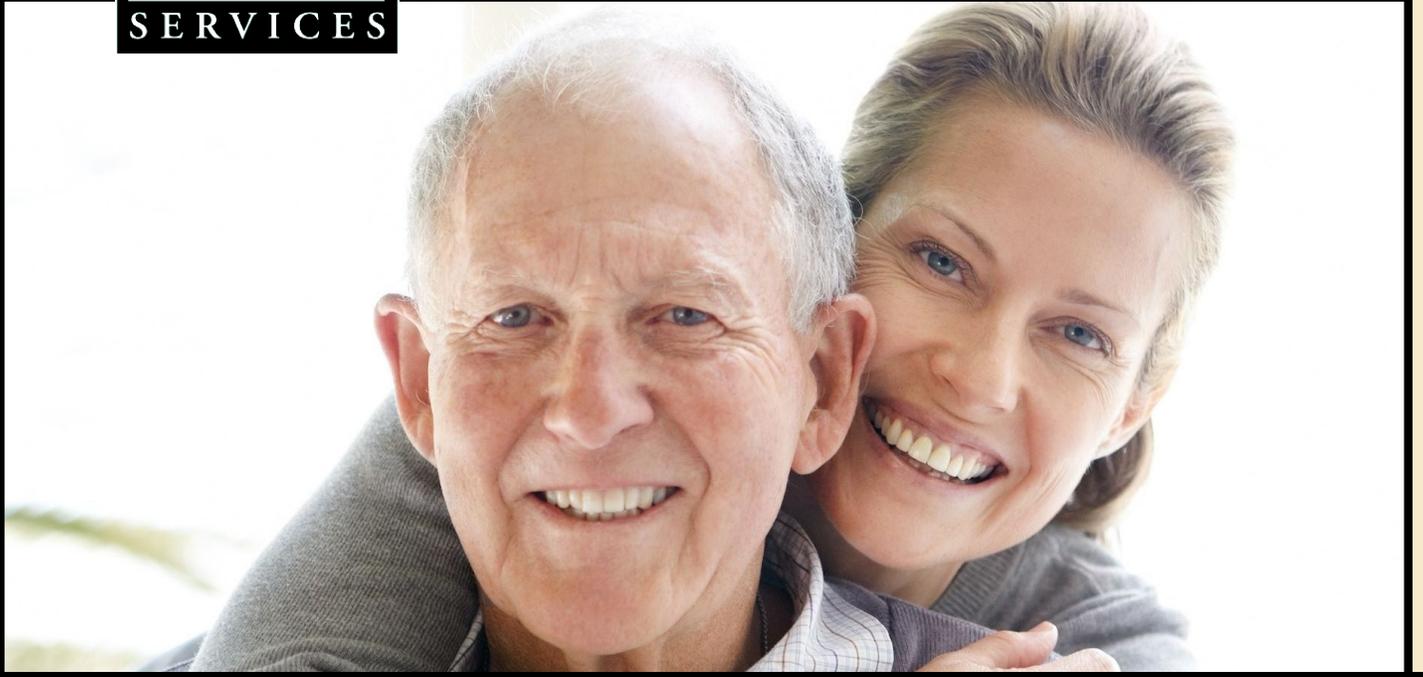


Session I: Feb. 4 and Feb 11 at 7 pm
Session II: Feb. 14 and Feb. 21 at 1:30 pm
San Geronimo Valley Community Center



Join us for a two part workshop in creating your
Advance Health Care Directives

You Will Learn...

- Why it is imperative to have your wishes known*
- Review your current documents and update them*
 - Check one item off your TO DO list*

Dr. David Lakes, palliative care physician at Kaiser, and WMSS staff will provide an overview at the first workshop; hand out the Health Care Directive and walk through how to complete your document. Return to the second workshop with your completed Health Care Directive. Designated agents are welcome to join the second session where WMSS will witness and finalize your document. Dr. Lakes will be available to answer your questions at all sessions.



Presented by West Marin Senior Services & San Geronimo Valley Community Center
Drop in or RSVP 415-663-8148 x102 or laura@wmss.org