



ART by the BAY WEEKEND GALLERY

PRESS RELEASE

PRESENTS...

FOR IMMEDIATE RELEASE
March 30, 2015
CONTACT: (415) 663-1006

“Fariba Bogzaran / Mary Mountcastle Eubank”
Art Exhibition April 17 – June 14, 2015

Opening Reception: Saturday, APRIL 18, 3–5pm

Marshall, CA: **ART by the BAY WEEKEND GALLERY** is proud to present the works of two West Marin artists. “Fariba Bogzaran / Mary Mountcastle Eubank” opens Saturday, April 18 (reception for the artists, 3-5pm) and remains up through June 14th. Curator, Lorraine Almeida, has a particular fondness for works that arise out of a deeper exploration of being than meets the eye. Bogzaran and Mountcastle Eubank each do this in their own unique ways.

Fariba Bogzaran is a multimedia artist who has an interdisciplinary approach to the practice of art. She uses her inspiration from lucid dreaming and her in-depth training in rhythm and shamanic practices. Her formal training is in painting, printmaking and installation art. With the surrealist painter Gordon Onslow Ford, they founded the Lucid Art Foundation. As a scientist, her doctorate degree is in East-West Psychology focusing on dream studies. She has been an exhibiting artist since 1983 and had a major retrospective of her artworks at the Meridian Gallery in San Francisco in 2013.

Of her process, Fariba explains, “My creative explorations arise from many sources: lucid dreams, hypnagogic experience, and contemplation. To create becomes an occasion to connect with the phenomenology of the inner-worlds. Lucidity enhances the subtle levels and layers of consciousness. Consciousness is a continuum flowing to and from waking and dreaming. Awareness helps to deconstruct and transform the rigidity of core assumptions that anchor beliefs. The movement that oscillates between dreaming/waking potentially unfolds into a sublime space of Presence.”

Mary Mountcastle Eubank began working as a painter and printmaker after art school in Cleveland, Ohio and Boston, Massachusetts in the mid-fifties. In the early eighties, although Eubank continued to paint and make prints, she began to be more deeply interested in how one might integrate the various disciplines of physical action, visual objects, poetry, and sound, and light images. In 1986 she founded Miz-Maze Theatre, a collaborative group of artists that is dedicated to the reinterpretation of myth into contemporary, mixed-media installations and performance. Miz-Maze had its own studio and performance space where the participants worked on projects. Eubank is interested in the interaction between literature, theater and the visual arts, but is now primarily a painter, the natural world and the archetypes of nature being the sources of her work.

For Mary, “Making art is a magical act, one that binds us back to the original art makers when art was done for ritualistic, propitiatory and sacramental purposes. This binding back is a process of continual return, a circularity that also roots us in the natural processes of nature – birth, death, decay and regeneration. We do this magic in the hopes of creating wonder, reverence and change. It is an invitation to the human imagination to expand, to play or try on new ways of being—*a transformation of consciousness.*”

Read more from the exhibition curator on the next page.

ART BY THE BAY WEEKEND GALLERY

*artbythebayweekendgallery.com (415) 663-8246 * (415) 663-1006*

18856 HIGHWAY ONE, MARSHALL (across from Tony's)

**Open most Fri., 3-6pm
Every Sat. & Sun., Noon – 5pm**



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Marshall, CA: About the upcoming exhibition, curator, Lorraine Almeida discusses what drew her to this work.

“I feel privileged to curate an exhibition of the work of Mary Mountcastle Eubank and Fariba Bogzaran at Art by the Bay Weekend Gallery. They both have interesting stories to tell.

Mary Mountcastle Eubank and two other women artists gave birth to Gallery Route One before I had moved to West Marin. I know that the gallery and the creative work it supports were instrumental in attracting myself and many other artists to this area. Mary has a passion for the arts and has been instrumental in manifesting her idea of a community of artists who are experimental and imaginative in their work. Mary has slowly built a community of artists as she always built her paintings; with layers of materials and paint while working with ideas and feelings that lead her to more questions and a continued search. On a personal level, she works through whatever life is bringing her. I have seen her work change over the years from darkness, through mystery, love, loss and wonder.

Eubank is concerned about the environment. She often uses found materials like bark, twigs and sand that bring a shamanic quality to the work. There is a subtle reminder of the first human artists who painted on the walls and performed rituals in attempts to understand and change the environment. She transforms found objects in her paintings and in the process transforms her life and the lives of those who know her.

I became interested in the work of Fariba Bogzaran when I heard of its connection with the dream life. The connection of Lucid dreams to Lucid Art intrigued me. My own interest in the unconscious, in meditation and contemplation seem related to lucid art, but how? That mystery is not yet solved. I am still curious. In the dictionary, lucid is first defined as clear or easily understood, while a second meaning is sane or rational. Are Lucid Dreams easy to understand? and Lucid Art? The word, lucid is derived from a Latin word “to shine”, which fits with the fact that Fariba uses reflective, metallic elements in some of her paintings. There is one series called the white paintings that also uses reflective Gold.

I don't even try to understand these dense, layered, beautiful paintings. It is enough that they are amazing, and full of wonder. I feel uplifted by their presence.”

ART by the BAY WEEKEND GALLERY is at 18856 Highway One, in Marshall, across from Tony's Seafood. For more information, contact the gallery at (415) 663-8246 or (415) 663-1006.

-Please contact Shelley Rugg (shelleyruggarts@gmail.com) for additional photos-

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