



Conscious Elders Network Introductory Event

FREE

Sunday July 31 - 3- 6pm

San Geronimo Valley Community Center
6350 Sir Francis Drake Blvd. San Geronimo CA. 94963

To Register: www.consciouselders.org

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“ You can not get through a single day without having an impact on the world around you. WHAT YOU DO MAKES A DIFFERENCE, and you have to decide what kind of difference you want to make.”

Jane Goodall



The Conscious Elders Network (CEN) is a movement of vital elders, dedicated to growing in consciousness while actively addressing the demanding challenges facing our communities/our country.

You are invited to a community gathering to explore together what it means for each of us to engage in our world as a conscious elder. How can we offer our multiple talents and resources in service of preserving and protecting life for all generations to come? This is an interactive event where you will engage other like-minded elders, and share your stories, your passions, and your visions for a healthy, just, and sustainable world for all.

Bring your journal and spend a few hours in inquiry. We will connect and inspire each other as we find ways to support each other in our work for the world, and we will present several ways to engage with other Elders in your area and with the Conscious Elders Network.



Constance Washburn M.A., activist, educator, and facilitator with over 35 years of experience is a founding member of the Conscious Elders Network. Long time resident of San Geronimo Valley, she has been a Buddhist practitioner since 1968 and brings her nature connection, mindfulness training, theater and education backgrounds together to create opportunities for people to reawaken to their interconnectedness.

www.constancewashburn.com