

Wilderness Reflections

Youth Quest 2017

A Wilderness Rite of Passage for Youth Ages 16-22
July 22nd through July 30th, 2017
Inyo National Forest, CA



Are You Ready ... ?

- To Build Your Self-Confidence
- To Understand Yourself More Deeply
- To Know What is Truly Important to You
- To Seek Vision and Direction for your Life
- To Mark your Passage into Adulthood

The wilderness solo experience is an age-old rite of passage. You will join the ranks of countless others who have gone before you as you step into yourself as an adult in the mirror of the natural world and human community. In these times of unprecedented environmental and social transformation, when we unplug and take time to reflect and slow down enough to find our natural rhythm, new and lasting possibilities for our lives emerge. Join with other young adults in this coming of age opportunity to gain a renewed sense of who you are and your place in this world.

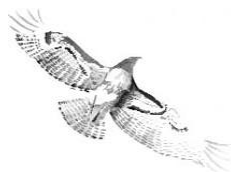
For Families: As our young ones come of age, they are taking their lives more fully into their own hands. This is a time of transformation both for the young ones *and* for the whole family. The Youth Quest is for teens who want to know themselves and their path more clearly, who want to mark the changes in their lives, teens ready to step into their power and responsibility as young adults. It is for families who want to work together to support this transition for both the teen and the parents alike. Parents are encouraged to participate in pre- and post-trip activities to witness and support this rite of passage for their son or daughter. See web for details.

What to expect?

- ◇ Fun, Adventure, Camaraderie
- ◇ Alone and group time in the wilderness
- ◇ Reflection, creativity and time in wild nature
- ◇ To be seen and appreciated by your peers and parents as the unique individual you are
- ◇ To return to your family and community *as a young adult*



Cost: Guide fee: \$825 - \$1200, sliding scale; Camp logistics (Food, Camping & Transportation to the site): \$250. Total fees: \$1075 - \$1450



* Scholarships available on a first come, first served basis *
* No previous skills/nature experience needed *

• www.WildernessReflections.com •

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Testimonials from past Youth Quest Participants and Families

From participants:

"I discovered strength and stability. I learned to be honest with myself...I came to accept and understand the natural ups and downs we are all bound to experience...I valued the bonds I made with the other people and the opening effect that had on me."
-Jessica Y., age 19

"I came away from the trip with so much... I became less afraid of life. Where I used to retreat into fantasies about who I was and what world I was living in, I now stay rooted in the present and in what's real and fight my battles from that standpoint. I'm comfortable with being me."
-Robby S., age 16

"I realized that I can do well without putting pressure on myself. (Since the quest) I get excited about things, about life, much more than I used to...Thank you."
-Dave J., age 18

"There were so many valuable things...one thing which stands out in my mind is the opportunity to look inside of myself, and, through the vessel of my body find a new me. I found a person who wanted to dispel fear and live her life with openness...The greatest help, thrill, comfort and joy I found on this trip was the community that we all built together."
-Ariel W., age 17

From parents:

"My son moved to a new level of maturity through this experience-- more confidence, willingness to be more authentic, more taking responsibility for his actions, less needing to be cool, and a sense of greater respect for himself swell as others....I am learning to trust his judgment more....that he can handle situations as they arise without the illusion that Indeed to or can protect him from disappointments."
-James Baraz

"This initiation into adulthood was a blessing for my daughter. She has emerged more self-confident, courageous, and self-aware...I know that some of the dreams and visions she received will guide her for a long time. I am very grateful to you for providing this for young people to stretch their wings into their coming adulthood-- they will fly more true because of it."
- Sally McGuire

Guides for Youth Quest 2017



Regina Williams is a mentor, educator, wilderness quest guide, and facilitator for groups of all ages. She's dedicated to the cultivation of healthy relationships among all beings, and particularly to the rise of feminine leadership, so that the masculine, feminine, and all in between can co-create with more balance and ease. Being a woman of heart and passion, she works along side nature to call forth the highest potential and gifts in others. Through her training and work with Weaving Earth, the Regenerative Design Institute and the School of Lost Borders she has honed her skills in the wilderness quest ceremony, council practice, grief tending, deep nature connection, primitive skills, wild tending and permaculture. She also holds a BS in

Environmental Science and Policy from CSU Monterey Bay. She has fasted, trained and assisted with the School of Lost Borders and is a Wilderness First Responder. She's a lover of backpacking in the mountains and samba dancing to loud and live drums!



Scott Davidson is a deep nature guide who cultivates an ecology of belonging through a unique weaving of wildlife tracking, tending and questing in community. As a gifted quest guide, he collaborates with Wilderness Reflections, School of Lost Borders, Wilderness Guides Council, Tracker Academy in South Africa and schools in the SF Bay Area. As a wildlife tracker and mentor, Scott co-leads the Art of Mentoring - Deep Nature Connection community with the 8 Shields Institute, the Tracking & Nature Connection Series with RDI and extended wildlife expeditions that bring deep connection and healing for people of all ages in potent service to all of life.

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